**15챕터**

**단어)**

ingredient 성분, 재료 cuisine 요리 spicy 향(신)료를 넣은 backs up (~을) 후원하다

curcumin 카레의 주성분 curcuma 강황 turmeric 심황 pigment 색소, 안료, 물감 재료

Ayurvedic 아유르베다의 anti-inflammatory 항염증제 prevalence 널리 퍼짐, 유행

neurological 신경의 plague (치아에 끼는) 플래그(치태) affordable (가격이) 알맞은, 구하기 쉬운

tout 장점을 내세우다, 극구 칭찬하다, 과장해서 선전하다 holistic 전체적인, 전인적인

instruct 지시하다, 가르치다

**문제)**

1. Alzheimer’s researchers became interested in it due to evidence that the prevalence of the neurological disease among the elderly in India may be considerably lower than (that) in the U.S.

2. When researchers tested curcumin on human beta-amyloid proteins in a test tube, the chemical blocked the proteins from forming destructive plagues – meaning that curcumin could be useful for treating Alzheimer’s, and more importantly, for preventing (it).

3. “It’s the great tragedy of this country,” says Kalra, “that we won’t value our own culture unless (it) comes back to us from the West.”

**20챕터**

**단어)**

sensation 센세이션, 물의, 평판(이 대단한 것), 대사건 pay scale 급여 등급, 지불액

endorsement (유명인의 텔레비전 등에서의 상품) 보증 선전

bet (경마, 내기 등에) 돈을 걸다, (~이) 틀림없다(분명하다) tourney = TOURNMENT

formidable 무서운, 만만찮은, 매우 어려운 barrier 장벽, 장애(물), 방해 finesse 교묘한 처리(기교), 솜씨

tenacity 고집, 끈기 pinup 벽에 꽂는(거는), 인기 있는 미인 등의 사진 giggly 킥킥 웃는

deployable 배치(동원)할 수 있는, 효율적으로 활용할 수 있는 teenspeak 10대 은어

prom 무도회, 댄스 파티 skeptic 회의론자 confidently 확신을 갖고, 대담하게, 자신만만하게

fore [골프]공 간다!

**문제)**

1. She tops the pay scale, (pocketing) about $10 million a year in endorsements from Nike and Sony.

2. (With) her pinup looks and giggly charm – deployable in English, Korean, Japanese and teenspeak (pop star Rain, a fellow Time 100 honoree, and Star Wars’ Hayden Christensen are “supercute”; her prom dress this year is “soooo pink”) – she’s already drawing new fans to golf around the globe.

3. To quiet her skeptics, Wie need to win titles, and she thinks this may be the year. “I can feel it coming,” she says (confidently)

**22챕터**

**단어)**

hemorrhage 출혈 protocol 의전, (문서의) 원본, 의정서 demand (보통 pl.) 요구 사항, 필요 사항

director-general 사무총장 roll up ~을 올리다 calling for (공식적으로) 요구하다

access 접근 HIV 에이즈 바이러스(human immunodeficiency virus)

dogged 완강한, 집요한, 끈질긴 polio 소아마비 daunting 벅찬, 힘겨운, 귀찮은, 어려운

dismay 당황, 낙담 exhausting 소모적인, (심신을) 지치게 하는

**21챕터**

**단어)**

social medicine 사회 의학, 공중 의학 slum (종종 pl.) 빈민굴, 슬럼가

encounter ~와 우연히 만나다, 마주치다 epidemic 유행병, 전염병 resistant 내성이 있는

adopt 채용(채택)하다 protocol 원본, 의정서 euphemistically 완곡하게 council 대책 회의

inspirational 영감을 주는 instructor 선생, 지도자

**문제)**

1. Since then, 36 countries (have adopted) the protocols Kim and his colleagues devised.

2. But in what is euphemistically called the developing world, millions still die from it every year, and only 300,000 were being treated as (of) 2003.

3. But looking forward to it (gives) me a sensation that feels a lot like hope.

**31챕터**

**단어)**

enhance 높이다, 향상시키다 stressed-out 스트레스로 지친, 스트레스가 쌓인

coping mechanism 대응기제 demonstrate 보여주다, 입증하다, 실증하다

cohesion 화합, 결합, 응집력, 결속성 likelihood 가능성

keep company with ~와 친해지다, ~와 교제하다 cognitive 인식의 contentment 만족

savor (맛을) 음미하다 integrate 통합시키다 mindfulness 유념, 마음챙김

physiological 생리학의 sharpen 향상되다 randomly 무작위로 implication 함축, 암시

**문제)**

1. Stressed-out people with a strong sense of humor become less depressed and anxious than those (whose) sense of humor is less well developed.

2. In a study of depressed and suicidal senior citizens, patients who recovered (were) the ones who demonstrated a sense of humor.

3. Learning to laugh puts more joy into everyday experiences and increases the likelihood that fun-loving people will keep company (with) us.

4. (While) the actual emotions may continue only for a short time, their effects can be permanent and provide lifelong enrichment.

5. A number of researchers (have) noted that laughter sharpens our immune systems by activating killer T-cells and increasing production of immunity-boosting interferon.

6. The implication of this finding is that the women in the support group cheered each other on and (that) this allowed them to sleep and eat better, which promoted their survival.

